

National Institute of Public Health & Training & Research, Mumbai.

Post Graduate Diploma in Community Health Care (Batch XII - 2021-22)

First Semester

Paper III – Water, Sanitation and Hygiene (WASH), Applied Nutrition & Community Based Nursing Care

Date: 12/11/2021

Time: 11.00 pm to 2.00 pm

Total Marks - 100

Part-I

(60 Marks)

Q. 1. Compulsory Questions to attempt.

(A) Define WASH? Discuss the measures you will take to improve the Sanitary measures at PHC during the pandemic. (10 Marks)

(B) Describe sources of Air pollution. Enumerate health hazards associated with Air pollution and discuss control measures against these health hazards. (10 Marks)

Q. 2. Attempt any Two Questions.

(A) Enumerate diseases associated with improper Garbage disposal in an urban area. Discuss measures to control the same. (10 Marks)

(B) Explain in detail the Nursing care & Management in a case of -
a. Diarrhoea with dehydration b. Fever. (10 Marks)

(C) Why Healthy School Environment is important? Enumerate the standards required for a Healthy School Environment. (10 Marks)

Q. 3. Attempt any Two Questions.

(A) Discuss scope for community based nursing care for PNC mothers. (10 Marks)

(B) Define Disaster. Explain Disaster Cycle in detail. (10 Marks)

(C) Enumerate National Programmes on Nutrition.
Discuss any one of them in detail. (10 Marks)

Part – II

(40 Marks)

Write short Notes on: (Any five) (8 Marks each)

(8×5 = 40)

- a. Rain Water Harvesting.
- b. Hygiene practices of food handlers.
- c. Effect of Noise pollution on health.
- d. Break Point chlorination & its importance.
- e. Sanitary latrine
- f. Vitamin A deficiency
- g. First aid to a snake bite case
- h. Supplementary feeding under ICDS