

# **National Institute of Public Health & Training & Research, Mumbai.**

Post Graduate Diploma in Community Health Care (Batch XII - 2021-22)

## **First Semester – Mock Examination**

### **Paper III – Water, Sanitation and Hygiene (WASH), Applied Nutrition & Community Based Nursing Care**

**Date: 29/10/2021**

**Time: 11.00 am to 2.00 pm**

**Total Marks - 100**

#### **Part-I**

**(60 Marks)**

#### **Q. 1. Compulsory to attempt.**

(A) Define WASH? Discuss the measures you will take to improve the Sanitary measures at PHC during the pandemic. (10 Marks)

(B) Explain the methods for assessment of Nutritional Status.  
Enumerate nutritional programs implemented at PHC level. (10 Marks)

#### **Q. 2. Attempt any Two.**

(A) Explain in detail the Nursing care & Management in a case of -  
a. Diarrhoea with dehydration    b. Fever. (10 Marks)

(B) Explain the dietary requirements during Pregnancy & Lactation. (10 Marks)

(C) Why is Healthy School Environment important? Enumerate the standards required for a Healthy School Environment. (10 Marks)

#### **Q. 3. Attempt any Two.**

(A) Enumerate the Essential requirements for a Healthy Housing.  
Explain the methods of disposal of waste at urban area. (10 Marks)

(B) Define Disaster. Explain Disaster Cycle in detail. (10 Marks)

(C) Enumerate National Programmes on Nutrition.  
Discuss any one of them in detail. (10 Marks)

#### **Part – II**

**(40 Marks)**

#### **Write short Notes on: (Any five) (8 Marks each)**

- a. Rain Water Harvesting.
- b. First Aid Management of snake bite.
- c. Hygiene practices of food handlers.
- d. Effect of Noise pollution in health.
- e. Food Adulteration.
- f. Vitamin A deficiency.
- g. Break Point chlorination & its importance.
- h. House hold methods of water purification.