

FACULTY

·In-house faculties-faculties of NIPHTR

MEDIUM:

English / regional language shall be the medium of instruction for all the subjects of study and for examination of the course.

DURATION & DATE:

4 months

It is recommended that any programme developed from this curriculum should have a minimum duration of 414 hours (150 hours for theory and 264 hours of practical and clinical training) to qualify as an entry level professional in the field of Home Health Aide.

FEES:

Admission Fees of Rs. 1000/- at the time of admission and Tuition Fees of Rs. 1000/- per month. SC/ST Candidates are exempted from Tuition Fees.

NOMINATION DETAILS

Educational requirement - The candidate must have completed 10+2 with Science.

Age limit – 18 to 30 years. (Relaxation of age for SC/ST candidates as per the Govt of India Rules.)

Seats- number of seats will be 20 for each batch

Course Director
Dr. Sunil Gitte
Director, NIPHTR

Course Coordinator
Mrs. Rosy Joseph,
Sr. P.H.N.O., NIPHTR

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स्वास्थ्य एवं परिवार कल्याण मंत्रालय

MINISTRY OF HEALTH AND FAMILY WELFARE

राष्ट्रीय जन स्वास्थ्य प्रशिक्षण एवं अनुसंधान संस्थान

NATIONAL INSTITUTE OF PUBLIC HEALTH TRAINING & RESEARCH



BACKGROUND OF INSTITUTE

National Institute of Public Health Training and Research (NIPHTR) was established in June 1957 under Union Ministry of Health and Family Welfare. It is one of the pioneering Central Training Institutes (C.T.I.) conducting in-service training for medical and paramedical personnel in important health issues to enhance their knowledge and skills for better delivery of health care services to attain Universal health Coverage and achieve Sustainable Development Goals (SDG's).

- Recognised by MOHFW, GOI
- Standardised Comprehensive Curriculum
- Teaching by Experienced Faculty
- Offered at reasonable cost
- Assured Quality
- Specific to hospital management
- Full time regular course
- One-year Diploma offered in very few institutes.

PROGRAMME OVERVIEW

A home health aide is a trained and certified health-care worker who provides assistance to a patient in the home with personal care (as hygiene and exercise) and light household duties (as meal preparation) and who monitors the patient's condition—abbreviation HHA.

Home Health Aides provide assistance to recovering or chronically ill, the elderly, and to those who provide care and sometimes need relief from the physical and emotional stress of caregiving. Many home health aides also work in assisted living facilities, which provide independent living in a homelike group environment, with professional care available as needed. As advances in medicine and technology extend the lives of people with chronic illnesses, the number of people needing health care will increase. The need for home health aides will also increase.

OBJECTIVES

As per the training module at the end of the training, the candidate would be certified to perform following activities–

1. Assist patient in bathing
2. Assist patient in grooming
3. Assist individual in dressing-up
4. Support patient to eat and drink
5. Assist individual in maintaining normal elimination

6. Prevent and control infection in the home setting
7. Communicate with geriatric/paralytic/ immobile patient and their care givers
8. Enable geriatric/paralytic/ immobile patient to cope with changes to their health and well-being
9. Implement interventions with geriatric/paralytic/immobile patient at risk of falls
10. Act within the limits of your competence and authority
11. Work effectively with others
12. Manage work to meet requirements
13. Maintain a safe, healthy and secure environment
14. Practice Code of conduct while performing duties
15. Follow biomedical waste disposal protocols

BROAD AREAS TO BE COVERED

MODULE – 1: Foundation Module – Introduction To Home Health Aide Programme.

MODULE – 2: Assist Nurse In Bathing The Patient

MODULE – 3: Assist Nurse In Grooming The Patient

MODULE – 4: Assist Patient In Dressing-up

MODULE – 5: Support Individuals To Eat And Drink

MODULE – 6: Assist Patient In Maintaining Normal Elimination

MODULE – 7: Prevent And Control Infection

MODULE – 8: Communicate With Geriatric /paralytic/ Immobile Patient And Their Care-givers

MODULE – 9: Enable Geriatric/paralytic/immobile Patients To Cope With Changes To Their Health And Well Being

MODULE – 10: Implement Interventions With Geriatric/paralytic/immobile Patient At Risk Of Falls.

PEDAGOGY:

- Classroom lecture discussion
- Demonstration
- Laboratory demonstration & Practical
- Group Discussion,
- Hands on Training
- Hospital and Health centre: students visit to hospital to study the various procedures related to patient care