

MEDIUM:

English/ regional language shall be the medium of instruction for all the subjects of study and for examination of the course.

DURATION & DATE :

6 month

It is recommended that any programme developed from this curriculum should have a minimum duration of 540 hours (168 for theory, 372 for practical and clinical training) to qualify as a General Duty Assistant.

FEES:

Admission Fees of Rs. 1000/- at the time of admission and Tuition Fees of Rs. 1000/- per month. SC/ST Candidates are exempted from Tuition Fees.

NOMINATION DETAILS

Educational requirement - The candidate must have completed 10+2 with Science.

Age limit – 18 to 30 years. (Relaxation of age for SC/ST candidates as per the Govt of India Rules.)

Seats- number of seats will be 20 for each batch.

Course Director
Dr. Sunil Gitte
Director, NIPHTR

Course Coordinator
Mrs. Asha Khandagale,
Sr. P.H.N.O., NIPHTR

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स्वास्थ्य एवं परिवार कल्याण मंत्रालय

MINISTRY OF HEALTH AND FAMILY WELFARE

राष्ट्रीय जन स्वास्थ्य प्रशिक्षण एवं अनुसंधान संस्थान

NATIONAL INSTITUTE OF PUBLIC HEALTH TRAINING & RESEARCH



**General Duty
Assistant**

BACKGROUND OF INSTITUTE

National Institute of Public Health Training and Research (NIPHTR) was established in June 1957 under Union Ministry of Health and Family Welfare. It is one of the pioneering Central Training Institutes (C.T.I.) conducting in-service training for medical and paramedical personnel in important health issues to enhance their knowledge and skills for better delivery of health care services to attain Universal health Coverage and achieve Sustainable Development Goals (SDG'S).

- Recognised by MOHFW, GOI
- Standardised Comprehensive Curriculum
- Teaching by Experienced Faculty
- Offered at reasonable cost
- Assured Quality
- Specific to hospital management
- Full time regular course
- One-year Diploma offered in very few institutes

PROGRAMME OVERVIEW

General Duty Assistants (GDAs) GDAs usually work in a hospital environment but may work at homes of sick patients and may be called by similar names such as Orderlies, Nursing Assistants, Nursing Aides or Bedside Assistants. Internationally, they are usually called Nursing Assistants or Patient Care Assistants.

They work in collaboration with (and usually under the supervision of) doctors, nurses, and other healthcare providers to deliver the prescribed healthcare services to their patients.

As they deal with patients, essential qualities include an orientation to service, empathy, basic communication skills and the ability to follow orders and behave ethically.

OBJECTIVES

At the end of the course the candidate will have a certification of the skills attained and would be eligible to perform following activities

- Discuss & verbalize the role of a basic healthcare provider
- Demonstrate techniques to maintain the personal hygiene needs of a patient
- Practice infection control measures
- Demonstrate the ability to perform clinical skills essential in providing basic healthcare services
- Promote safety, understand usage of protective devices and demonstrate precautions to be taken while usage of Oxygen
- Demonstrate professional behavior, personal qualities and characteristics of a General Duty Assistant

- Demonstrate right methods of bio medical waste management
- Demonstrate Basic Life Support, Cardio Pulmonary Resuscitation and other actions in the event of medical and facility emergencies
- Demonstrate good communication, communicate accurately and appropriately in the role of General Duty Assistant and demonstrate professional appearance and demeanor

BROAD AREAS TO BE COVERED

MODULE-

- 1: Foundation module: introduction to the general duty assistant program
- 2: Assist nurse in bathing the patient
- 3: Assist nurse in grooming the patient
- 4: Assist patient in dressing-up
- 5: Support individuals to eat and drink
- 6: Assist patient in maintaining normal elimination
- 7: Transferring patient within the hospital
- 8: Prevent and control infection
- 9: Assist nurse in performing procedures as instructed in the care plan
- 10: Assist nurse in observing and reporting change in patient condition
- 11: Assist nurse in measuring patient parameters accurately
- 12: Respond to patient's call
- 13: Clean medical equipment under supervision of nurse
- 14: Transport patient samples, drugs, patient documents and manage changing and transporting laundry/ linen on the floor
- 15: Carry out last ofce (death care)
- 16: Follow biomedical waste disposal protocols

PEDAGOGY

- Classroom lecture discussion
- Demonstration
- Laboratory demonstration & Practical
- Group Discussion,
- Hands on Training
- Hospital and Health centre: students visit to hospital to study the various procedures related to patient care

FACULTY

- In-house faculties-faculties of NIPHTR
- Outsource- expert in patient care