

**GOVERNMENT OF INDIA**

**MINISTRY OF HEALTH AND FAMILY WELFARE**

**NATIONAL INSTITUTE OF PUBLIC HEALTH  
TRAINING & RESEARCH  
MUMBAI, MAHARASHTRA**



सत्यमेव जयते

GOVERNMENT OF INDIA



**PLACEMENT BROCHURE 2023-2025**



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## MESSAGE FROM THE

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DIRECTOR

Dear Readers and Recruiters

It is a matter of great pride to present the graduating students of the **Master of Public Health (MPH) – Batch 2 (2023–2025)** of the National Institute of Public Health Training & Research (NIPHTR), Mumbai.

Established under the **Ministry of Health and Family Welfare, Government of India**, NIPHTR has a legacy of over six decades in public health training, capacity building, and research. In keeping with this legacy, the MPH programme initiated in 2021 under the affiliation of the **Maharashtra University of Health Sciences (MUHS)** was envisioned to strengthen the public health workforce with competent, ethical, and field-ready professionals.

The students of this graduating batch have undergone comprehensive academic training combined with practical exposure through field postings, research work, and programme-based learning. Their education has been grounded in the principles of **equity, evidence-based decision-making, community engagement, and health systems strengthening**, enabling them to address contemporary public health challenges effectively.

This cohort has demonstrated commendable commitment, adaptability, and professionalism throughout their academic journey. I am confident that they are well-equipped to contribute meaningfully to public health programmes, research organisations, healthcare institutions, development agencies, and policy-making bodies at national and international levels.

On behalf of NIPHTR, I extend my best wishes to all graduating students for their future endeavours. I also take this opportunity to invite recruiters and partner organisations to engage with our graduates and collaborate with us in advancing public health goals.

Warm regards,  
**Dr. Dhaval Thorat**  
Director

**National Institute of Public Health Training & Research (NIPHTR), Mumbai**  
**Ministry of Health and Family Welfare, Government of India**



# MESSAGE FROM THE

COURSE CO-ORDINATOR

Dear Readers, Recruiters, and Future Public Health Leaders,

It gives me immense pleasure to present the graduating cohort of the **Master of Public Health (MPH) – Batch 2 (2023–2025)** from the National Institute of Public Health Training & Research (NIPHTR), Mumbai. Over the past two years, our students have undertaken a rigorous and interdisciplinary public health curriculum designed to build a strong foundation in the core pillars of public health practice, research, policy, and programme implementation.

At NIPHTR, our MPH programme aims to develop competent public health professionals equipped to address complex health challenges in India and beyond. We emphasise **problem-solving, analytical thinking, evidence-based practice, and transformative learning**, enabling our graduates to contribute effectively to diverse public health settings.

This graduating class has demonstrated exceptional dedication, resilience, and commitment, whether in classroom learning, fieldwork, research projects, or community engagements. Their diverse skill sets include epidemiology, biostatistics, health systems management, health promotion, surveillance, and programme evaluation, making them well-suited to contribute meaningfully across **government agencies, NGOs, international organisations, research institutions, and health sectors globally**.

As you review the profiles of our graduates in this brochure, I encourage you to consider their potential and passion for improving public health outcomes. We are confident that they will bring fresh perspectives, integrity, and professionalism to your teams.

Thank you for engaging with our MPH graduates and for your continued support in strengthening the public health workforce.

Warm regards,

**Dr. Suparna Khara**

**Additional Director &**

**Course Coordinator – MPH**

**National Institute of Public Health Training & Research (NIPHTR), Mumbai**

**Ministry of Health and Family Welfare, Government of India**

# ABOUT THE INSTITUTE



The **National Institute of Public Health Training and Research (NIPHTR)**, Mumbai, is a premier public health training and research institute under the **Ministry of Health and Family Welfare, Government of India**. Originally established in **June 1957** as the first Family Planning Training Centre, the institute has over six decades of experience in delivering high-quality training and capacity building in public health, family welfare, and related health services. It serves as one of the Central Training Institutes (CTIs), providing in-service training for medical and paramedical personnel at the national level to strengthen health service delivery across the country.

NIPHTR has been at the forefront of public health education, developing curricula and conducting training programs for a wide range of health cadres including Multi-Purpose Workers, Community Health Guides, ANMs, and other frontline health workers. Over the years, the institute has diversified its portfolio to include short-term courses, skill-development programs, and collaborative specialized trainings in areas such as immunization, communication, and national health programs.

In line with evolving national health priorities and the recommendations of the National Health Policy, NIPHTR expanded its academic offerings to include formal higher education programs. As part of this expansion, the **Master of Public Health (MPH)** program was launched in **2021**, affiliated with the **Maharashtra University of Health Sciences (MUHS)**. This two-year professional degree equips students with multidisciplinary public health knowledge and skills, preparing them for careers in epidemiology, health systems management, policy advocacy, program implementation, and research in diverse public health settings.

The institute's vision is to be a **centre of excellence globally for training and research in public health**, and its mission focuses on developing a competent public health workforce through high-quality teaching, training, and research activities. In pursuit of these goals, NIPHTR continues to adapt its training programs to meet contemporary public health challenges and contribute meaningfully to national health systems strengthening.



# **Masters of Public Health**

**BATCH - II  
(2023 - 2025)**



## ABOUT MPH Batch - II

The Master of Public Health (MPH) programme nurtures a multidisciplinary cohort of public health professionals equipped to work within government health systems, non-governmental organizations, and research institutions. The Batch of 2023 - 2025 comprises **10 MPH students** from diverse healthcare backgrounds, including **Medical, Dental, Homeopathy, Ayurveda and Physiotherapy.**

This diversity enables students to contribute effectively to population health planning, programme implementation, monitoring, and research by integrating perspectives from multiple systems of medicine and allied health sciences. As part of mandatory field-based training, students have completed a **one-month urban field internship at the Urban Health Training Centre (UHTC), Dharavi**, gaining hands-on experience in urban slum health, national health programme implementation, community outreach, surveillance activities, and health service delivery. Additionally, a **15-day rural internship at the Rural Health Training Centre (RHTC), Uran** provided exposure to rural public health systems, primary healthcare operations, and community-based interventions.

Through structured academic training combined with extensive field and research exposure, MPH students are trained in **public health programme planning, monitoring and evaluation, data collection and analysis, community engagement, and health systems strengthening.** Graduates are well-prepared to support evidence-based decision-making and contribute meaningfully to public health initiatives led by government bodies, NGOs, and research organizations.



Dr. AMEYA N

**EDUCATIONAL BACKGROUND** - MBBS | PGDCS | MBA(HHM)

**DISSERTATION TITLE** - Exploring Health Perception, Health-seeking Behaviour and Occupational and Sexual Risks Among Truck Drivers and Migrants

**CURRICULUM INTERNSHIP** - Bhiwandi Nizampur Municipal Corporation in Collaboration with UNICEF

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Dr. ANUJA NARENDRA TUMMAWAR

**EDUCATIONAL BACKGROUND - B.D.S**

**DISSERTATION TITLE** - Knowledge and Practices Towards Sickle Cell Disease and Challenges faced by Sickle Cell Patients in Chandrapur District, Maharashtra: A Cross- Sectional Study.

**CURRICULUM INTERNSHIP** - ICMR - Centre for Research, Management and Control of Haemoglobinopathies, Chandrapur (ICMR -CRMCH)

**EXPERIENCE –**

Six months of experience as an Associate Dentist with routine dental procedures and patient counseling

**LINKEDIN** - [dr-anuja-tummawar-b460b9248](https://www.linkedin.com/in/dr-anuja-tummawar-b460b9248)

**E-mail** - tummawar.anuja@gmail.com



Dr. EKTA PARMANAND VAIDYA

**EDUCATIONAL BACKGROUND - B.D.S**

**DISSERTATION TITLE -** An Exploratory Study on the Challenges Faced by People Living with Locomotor Disability.

**CURRICULUM INTERNSHIP -** District Health Office and Civil Surgeon Hospital, Nagpur

**EXPERIENCE -**

Six months of experience as an Associate Dentist

**LINKEDIN -** [ekta-vaidya-6a99a8284](https://www.linkedin.com/in/ekta-vaidya-6a99a8284)

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Dr. MADHULIKA ARUN BHARADE

**EDUCATIONAL BACKGROUND** - B.H.M.S| CGO| Course in Pharmacology

**DISSERTATION TITLE** - Factors associated with anaemia among the women of reproductive age in rural area of Raigad district of Maharashtra : A community based study

**CURRICULUM INTERNSHIP** - ICMR NIRRH - Child health Research department, Mumbai

**EXPERIENCE** -

1. Shrikrushna Hospital, Amravati— RMO
2. Rainbow Institute of Medical Science Multi speciality Hospital, Amravati — RMO
3. Parashree Speciality Hospital, Amravati — RMO

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Dr. SAKSHI AGGARWAL

**EDUCATIONAL BACKGROUND - B.D.S**

**DISSERTATION TITLE -** Comprehensive Study on HIV/AIDS Risk Factors, Awareness and Health-Seeking Behaviour Among Bridge Populations

**CURRICULUM INTERNSHIP -** Epidemiology Division, National Centre for Disease Control, MoHFW, Delhi

**EXPERIENCE -**

1. Summer Research Fellow at Foundation for People-centric Health Systems (FPHS), Delhi (Remote)
2. Associate Dentist at Bharat Vikas Parishad Charitable Diagnostic Centre, Ambala

**PUBLICATIONS –**

1. Occupational Health Risks among Taxi and Auto-Rickshaw Drivers in India: A Review. Preventive Medicine: Research and Reviews. Oct, 2025
2. Diversified Pediatric Salivary Gland Pathologies: A Review. International Journal of Environmental Sciences (IJES), Aug 2025
3. Artificial Intelligence in Public Health: A Comprehensive Analysis. International Journal of All Research Education and Scientific Methods, Dec 2024
4. Exploring Aspirations and Realities: A Cross-sectional Survey on Career Outlook of Dental Students. International Journal of Advanced Research (IJAR), Apr 2024

**LINKEDIN -** [dr-sakshi-aggarwal-67a755185](https://www.linkedin.com/in/dr-sakshi-aggarwal-67a755185)

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Dr. SHRUTI OMPRAKASH GUPTA

**EDUCATIONAL BACKGROUND - B.H.M.S**

**DISSERTATION TITLE -** Assessing Knowledge, Attitude and Practices of Oral, Breast & Cervical Cancer and its Screening Among the Women of Urban Slums of Mumbai.

**CURRICULUM INTERNSHIP -** Sir H.N.Reliance Foundation Hospital and Research Centre(Health Outreach Dept.), Mumbai.

**EXPERIENCE –**

1. Worked as a RMO in Covid-19 pandemic under Public Health Department, G South Ward, BMC, Mumbai.
2. Program Co-ordinator-(NP-NCD), D Ward, BMC, Mumbai

**E-mail -** drshrutiogupta1596@gmail.com



Dr. SUCHETA MISHRA (PT)

**EDUCATIONAL BACKGROUND - B.P.T**

**DISSERTATION TITLE** - "A Study of Prevalence of Modifiable Risk Factors of NCDs among ASHA Workers under Panvel Municipal Corporation." Maharashtra.

**CURRICULUM INTERNSHIP** - In the Planning and Evaluation Department, National Institute of Health and Family Welfare, New Delhi.

**INTERNSHIP DISSERTATION** - "Review Report on Digital Mental Healthcare Strategies and their Challenges in India"

**EXPERIENCE –**

1. Clinical Physiotherapist at LLR/ Hallet Hospital, Kanpur.
2. Jr. Physiotherapist in RML Hospital, New Delhi.
3. Health advisor in WYSO NGO.

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Dr. SWATI ANIL BHOSLE

**EDUCATIONAL BACKGROUND** - B.H.M.S | PGDEMS | CCH | CGO

**DISSERTATION TITLE** - Clinico-socio-demographic and epidemiological factors, along with risk factors and preventive practices, influencing dengue outcomes: A retrospective study

**CURRICULUM INTERNSHIP** - Mumbai District AIDS Control Society (MDACS)

**EXPERIENCE** -

Over 10 years of experience in Critical Care Units with extensive exposure to patient management, infection control practices, monitoring of critically ill patients, multidisciplinary coordination, and understanding of disease severity, patient outcomes and health system performance.

**PUBLICATIONS** –

Bhosle, S. A. (2025). *Addressing HIV/AIDS stigma and discrimination in India: Insights from the NFHS (2019–2021)*. International Journal of Science and Research, 14(2), 1562–1563

**E-mail** - bhosleswati9@gmail.com